



# St John's, Pevensey Road



## Sea Sunday

## Pews News & Service Sheet for Sunday 11<sup>th</sup> July 2021

The Sixth Sunday after Trinity



Welcome to this Parish Mass - held each Sunday at 10:30 a.m. with a sociallydistanced congregation, and broadcast via our church website later in the day.

This week:

Morning Prayer Monday, Tuesday, Thursday, Friday, at 9 a.m.

Church open for private prayer, weekday mornings

Midweek Mass Wednesday at 10 a.m.

**Online "Zoom" service**: 10 a.m. on Wednesday. Send Rev Jill or Deacon Michael an email and they will send you the necessary "link".

#### People for whom our prayers are asked:

Jean & Geoff, Geraldine, Brenda R, Jane G, Jo, Amber, Shirley, Andrew N, Linda, Alison N, Don F, Sue T, Eve G, Sally L, Rob, Jenny H, Jon W, Luke, Roy, Andy, and all connected with Ridge House.

#### Please pray also for ...

...the repose of the souls of the recently departed, especially Jean Usher,

and those whose Years Minds fall around this time: Bridget Cooper, Sybil Warner, Wendy Lewis, Scott MacGregor, Dorrie & Sydney Roberts, Ruth Pooley, Ahava Green, and Mary Quarty-Cofie,

... and all who mourn.

## HYMN OF THE WEEK: Eternal Father, strong to save, by William Whiting, sung by Pam from the choir

Another Trinitarian hymn this week, this time referencing Scripture passages where each Person of the Trinity controlled the sea, followed by our imploring them "O hear us when we cry to Thee for those in peril on the sea."

The first verse refers to God's discourse with Job, in which the Lord asks "Or who shut in the sea with doors when it burst out from the womb, when I ... said, 'Thus far shall you come, and no farther, and here shall your proud waves be stopped'?" (Job 38:8,11)

The second verse refers to two occasions when Jesus calmed the raging sea: when he walked on the water (Mark 6:45-52), and when he slept through a storm until his terrified disciples woke him (Mark 4:35-41).

The third verse alludes to the Spirit's work in Creation, when "The earth was without form and void, and darkness was over the face of the deep. And the Spirit of God was hovering over the face of the waters." (Genesis 1:2)

The final verse summarizes the hymn, rounding it off with praise.

**The hymn's writer, William Whiting,** was born in London in 1825, and educated at Clapham and Winchester. He was for several years Master of the Winchester College Choristers' School, where he was affectionately known as "Hoppy", because he had a club foot. When one of his boys was about to sail to America, "Hoppy" Whiting and the other boys prayed for him, because in the middle of the nineteenth century, crossing the Atlantic was still a perilous voyage. "Hoppy" Whiting also wrote this hymn for the boys to sing. Soon it became popular far beyond Winchester. It was adopted by the sailors of the British Empire and even by the French navy. And when Winston Churchill met with Franklin Roosevelt aboard a warship on the North Atlantic during World War II, this was the hymn that Churchill requested.

## Mass for the Sixth Sunday after Trinity

### **The Greeting**

In the name of the Father, and of the Son, and of the Holy Spirit. *All* **Amen.** 

The Lord be with you *All* and also with you.

### **Prayer of Confession**

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

All Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

### The priest says the Absolution

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *All* **Amen.** 

## The Gloria in Excelsis is said:

All Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father.

Amen

## The Collect

Let us pray:

Creator God, you made us all in your image: may we discern you in all that we see, and serve you in all that we do; through Jesus Christ our Lord. *All* **Amen.** 

### A reading from the Book of the Prophet Amos

## Amos 7.7-15

This is what he showed me: the Lord was standing beside a wall built with a plumb-line, with a plumb-line in his hand. And the LORD said to me, 'Amos, what do you see?' And I said, 'A plumb-line.' Then the Lord said,

'See, I am setting a plumb-line in the midst of my people Israel; I will never again pass them by; the high places of Isaac shall be

made desolate, and the sanctuaries of Israel shall be laid waste.

and I will rise against the house of Jeroboam with the sword.'

Then Amaziah, the priest of Bethel, sent to King Jeroboam of Israel, saying, 'Amos has conspired against you in the very centre of the house of Israel; the land is not able to bear all his words. For thus Amos has said,

"Jeroboam shall die by the sword, and Israel must go into exile away from his land.""

And Amaziah said to Amos, 'O seer, go, flee away to the land of Judah, earn your bread there, and prophesy there; but never again prophesy at Bethel, for it is the king's sanctuary, and it is a temple of the kingdom.'

Then Amos answered Amaziah, 'I am no prophet, nor a prophet's son; but I am a herdsman, and a dresser of sycomore trees, and the LORD took me from following the flock, and the LORD said to me, "Go, prophesy to my people Israel."

For the Word of the Lord *All* **Thanks be to God** 

## A reading from the Letter of St Paul to the Ephesians

Eph.1.3-14

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in Christ, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you

had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people to the praise of his glory.

For the Word of the Lord All Thanks be to God

#### **Gradual Hymn**

Eternal Father, strong to save, Whose arm doth bind the restless wave, Who bidd'st the mighty ocean deep Its own appointed limits keep; O hear us when we cry to thee For those in peril on the sea.

O Saviour, whose almighty word The winds and waves submissive heard, Who walkedst on the foaming deep, And calm amid its rage didst sleep; O hear us when we cry to thee For those in peril on the sea.

O sacred Spirit, who didst brood Upon the chaos dark and rude, Who bad'st its angry tumult cease, And gavest light and life and peace; O hear us when we cry to thee For those in peril on the sea.

O Trinity of love and pow'r, Our brethren shield in danger's hour; From rock and tempest, fire and foe, Protect them whereso'er they go; And ever let there rise to thee Glad hymns of praise from land and sea. *William Whiting (1825-78)* 

#### **Gospel Reading**

Alleluia, alleluia. Speak, Lord, for your servant is listening. You have the words of eternal life. *All* **Alleluia** 

The Lord be with you *All* **And also with you** 

Hear the Gospel of our Lord Jesus Christ according to Mark *All* **Glory to you, O Lord.** 

#### Mark 6.14-29

King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.'

And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord. *All* **Praise to you, O Christ.** 

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son,

who with the Father and the Son is worshipped and glorified,

who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

#### Sermon

#### **The Nicene Creed**

Let us declare our faith in God, Father, Son and Holy Spirit.

*All* We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary, and was made man.

#### **Prayers of Intercession**

In the power of the Spirit and in union with Christ, let us pray to the Father.

Almighty God, our heavenly Father, you promised through your Son Jesus Christ

to hear us when we pray in faith.

Strengthen Martin, Ruth and Will, our bishops, and all your Church, in the service of Christ, that those who confess your name may be united in your truth, live together in your love, and reveal your glory in the world.

Lord, in your mercy *All* Hear our prayer.

Bless and guide Elizabeth our Queen; give wisdom to all in authority; and direct this and every nation in the ways of justice and of peace; that we may honour one another, and seek the common good.

Lord, in your mercy *All* Hear our prayer.

Give grace to us, our families and friends, and to all our neighbours, that we may serve Christ in one another, and love as he loves us.

Lord, in your mercy *All* Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit ...

give them courage and hope in their troubles;

and bring them the joy of your salvation.

Lord, in your mercy *All* Hear our prayer.

Hear us as we remember those who have died in the faith of Christ ... according to your promises, grant us with them a share in your eternal kingdom.

Lord, in your mercy *All* Hear our prayer.

Rejoicing in the fellowship of all your saints,

we commend ourselves and the whole creation to your unfailing love. Merciful Father,

All accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

### The Peace is introduced

We are the body of Christ. In the one Spirit we were all baptized into one body. Let us then pursue all that makes for peace

and builds up our common life.

The peace of the Lord be always with you. *All* and also with you.

Let us offer one another a sign of peace.

We may exchange a sign of peace

## **Preparation of the Table**

The table is prepared and bread and wine are placed upon it.

Blessed are you, Lord God of all creation: through your goodness we have this bread to set before you, which earth has given and human hands

have made.

It will become for us the bread of life. *All* **Blessed be God for ever.** 

Blessed are you, Lord God of all creation: through your goodness we have this wine to set before you,

fruit of the vine and work of human hands. It will become for us the cup of salvation. *All* **Blessed be God for ever.** 

The priest takes the bread and wine.

## **The Eucharistic Prayer**

The Lord is here <mark>All His Spirit is with us.</mark>

Lift up your hearts. *All* We lift them to the Lord.

Let us give thanks to the Lord our God. *All* It is right to give thanks and praise.

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word,

through whom you have created all things;

who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;

as your Son, born of the blessed Virgin, he lived on earth

and went about among us;

he opened wide his arms for us on the cross;

he put an end to death by dying for us; and revealed the resurrection by rising to new life;

so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name,

for ever praising you and saying:

All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest. Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,

took bread and gave you thanks;

he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;

do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks;

he gave it to them, saying:

Drink this, all of you;

this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith: *All* Christ has died: Christ is risen: Christ will come again.

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption. As we offer you this our sacrifice of praise and thanksgiving,

we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of Saint John the Evangelist, Saint Peter, Mary the Mother of God, and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. *All* **Amen.** 

## The Lord's Prayer

Let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done: on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

## **Breaking of the Bread**

We break this bread to share in the body of Christ.

All Though we are many, we are one body, because we all share in one bread.

## Agnus Dei is said:

All Jesus, Lamb of God, Have mercy on us Jesus, bearer of our sins, Have mercy on us Jesus, redeemer of the world, Grant us peace

## **Giving of Communion**

Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

All Lord, I am not worthy to receive you, but only say the word, and I shall be healed.

Communion is received

## **Prayer after Communion**

## The priest prays the Post Communion for the day:

God of our pilgrimage, you have led us to the living water: refresh and sustain us as we go forward on our journey, in the name of Jesus Christ our Lord. *All* **Amen.**  All Father of all, we give you thanks and praise, that when we were still far off. you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope vou have set before us, so we and all your children shall be free. and the whole earth live to praise your name; through Christ our Lord. Amen.



#### **Notices**

#### The Blessing and Dismissal

*Priest* The Lord be with you All And also with you

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. All Amen.

Go in peace to love and serve the Lord. All In the name of Christ. Amen.

Organ Voluntary: a selection of melodies from 'Pirates of Penzance' by Sir Arthur Sullivan, arr. R.E.



## **Sea Sunday APPEAL** Seafarers have been suffering particularly during the pandemic, despite having helped keep us supplied with

food throughout.

SEAFARERS NEED YOU MORE THAN EVER

The Mission to Seafarers charity works to help support them, practically and spiritually. If you feel so moved, you are invited to send a donation via www.missiontoseafarers.org/donate or give via the Mission to Seafarers collection box here in church. Thank you.

## July 15<sup>th</sup> - Saint Swithun's Day.

Swithun was born in Winchester, in about the year 800. He entered the church and



served the King of Wessex's household, becoming advisor to King Egbert of the West Saxons. Swithun is thought to have taught the future king, Ethelwulf, father of Alfred the Great. In 852 he was consecrated as Bishop of Winchester. Whilst visiting workmen rebuilding the city's East Gate Bridge, Swithun happened upon a poor woman who had dropped and broken a basket of eggs. Legend suggests that he restored the broken eggs to whole.

Swithun died circa 863 and at his own request was buried in a simple grave outside the west door of the Old Minster. He wanted to be where the rain fell on him and people walked by, and there he lay for a century. He was loved and venerated by the people whom he had loved and cared for, and was subsequently made a saint - many miracles were associated with him. His bones became famed for their healing powers and were removed in the year 971 to a new

location in the cathedral. Pilgrims began to pay homage to the saint in increasing numbers. This tradition continued, even though St Swithun's remains, along with those of other kings, queens and bishops, were transferred once again from the Old Minster to the New in 1093 and set in much more elaborate shrines.

Legend has it that St Swithun caused an unrelenting rain to fall on the day of his translation and since then the 15th July, the day of the removal of his remains, is known as St Swithun's day, a day when, if it rains, it will rain for forty more days.

His shrine became a point of pilgrimage, one of the most important in England. A typical Medieval cult grew up around him, and pieces of his body were taken around the country as holy relics.

What was left of St Swithun's body was not left to rest, but moved into yet another

Winchester church in the following century. This remained his final home until the Reformation, when in 1538 his shrine was destroyed and its relics scattered. In Winchester Cathedral a new shrine has been erected in the location of the old - it remains a point of pilgrimage nearly fifteen hundred years after his death.

**Church keys** - if you have a set of keys for the organ door that you no longer need, please could you return them to Tina in the office? Many thanks!



If you would like to see results and photos from the recent Nature Survey taken in the church grounds, there is a display at the back of church. There are also leaflets about it - please help yourself.

