



St John's, Pevensey Road



Pews News & Service Sheet for Sunday 4th July 2021

The Fifth Sunday after Trinity



Welcome to this Parish Mass - held each Sunday at 10:30 a.m. with a sociallydistanced congregation; recorded and broadcast via our church website later in the day, technology permitting...

Morning Prayer Monday, Tuesday, Thursday, Friday, at 9 a.m.

Church open for private prayer, weekday mornings

Midweek Mass Wednesday at 10 a.m.

Online "Zoom" service: 10 a.m. on Wednesday. Send Rev Jill or Deacon Michael an email and they will send you the necessary "link".

People for whom our prayers are asked:

Jean & Geoff, Geraldine, Brenda R, Jane G, Jo, Amber, Shirley, Andrew N, Linda, Alison N, Don F, Sue T, Eve G, Sally L, Rob, Jenny H, Jon W, Luke, Roy, and Andy.

Please pray also for ...

... the repose of the souls of the recently departed,

and those whose Years Minds fall around this time: Jenny Hayler, Madeline Gray, Regina-Grace Quarty-Cofie, Ronald Fibbens, Ena Mitchener, Bridget Cooper, Sybil Warner, Wendy Lewis, Scott MacGregor, Dorrie & Sydney Roberts, and Ruth Pooley

... and all who mourn.



There appear to be two **Saint Ethelburga**s, one of whom is remembered on 7th July. She was the daughter of King Anna of the East Angles, but longed to live the life of a nun. According to the Venerable Bede there was little opportunity in this country at that time, so she and her niece entered nunneries in Gaul. Ethelburga later became abbess of the monastery of Faremoutier in the Forest of Brie. She began to build a church there, dedicated to all 12 apostles, and was buried in the half-finished church when she died in the year 665.

HYMN OF THE WEEK: Ye Holy Angels Bright, sung by Lesley Ann

This hymn was written by Richard Baxter (1615-91), a famous Puritan minister, author, and public figure of his day. *Ye Holy Angels Bright* is a doxology - a poem or hymn that commands an audience to praise God, and is written as though that audience were present and could respond - a poetic form called "apostrophe".

The "audience" being addressed in the first verse are the angels in heaven - both those who attend God, and those who attend to God's business on earth, as messengers.

The second verse is addressed to believers who have died and now reside in heaven the "blessed souls at rest", released from sin, beholding God's face, residing in light, abounding in sweet delight.

The third verse shifts from heavenly rest to earthly endeavour, being aimed at believers on earth - the "saints below", who toil and journey through their earthly lives, in the process receiving both good and ill in this fallen world.

The final verse is addressed to the speaker's own soul, commanding it to praise God. It echoes the images of the previous verses, pulling the whole hymn together as a celebration of the Communion of Saints.

Mass for the Fifth Sunday after Trinity

The Greeting

In the name of the Father, and of the Son, and of the Holy Spirit. *All* **Amen.**

The Lord be with you *All* and also with you.

Prayer of Confession

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

All Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

The priest says the Absolution

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. *All* **Amen.**

The Gloria in Excelsis is said:

All Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father.

Amen

The Collect

Let us pray:

Almighty God, send down upon your Church the riches of your Spirit, and kindle in all who minister the gospel your countless gifts of grace; through Jesus Christ our Lord. *All* **Amen.**

A reading from the Book of the Prophet Ezekiel

Ezek. 2.1-5

[The heavens were opened, and I saw visions of God. When I saw this, I fell on my face, and I heard the voice of someone speaking.] He said to me: O mortal, stand up on your feet, and I will speak with you. And when he spoke to me, a spirit entered into me and set me on my feet; and I heard him speaking to me. He said to me, Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day. The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, 'Thus says the Lord GOD.' Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

For the Word of the Lord *All* Thanks be to God

A reading from the Second Letter of St Paul to the Corinthians

2 Cor. 12.2-10

I know a person in Christ who fourteen years ago was caught up to the third

heaven - whether in the body or out of the body I do not know; God knows. And I know that such a person - whether in the body or out of the body I do not know; God knows - was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this. that it would leave me, but he said to me, 'My grace is sufficient for you, for power is made perfect in weakness.' So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

For the Word of the Lord *All* Thanks be to God

Gradual Hymn

Ye holy angels bright, who wait at God's right hand, or through the realms of light fly at your Lord's command, assist our song, for else the theme too high doth seem for mortal tongue. Ye blessèd souls at rest, who ran this earthly race, and now, from sin released, behold the Saviour's face, his praises sound, as in his light with sweet delight ye do abound.

Ye saints, who toil below, adore your heavenly King, and onward as ye go some joyful anthem sing; take what he gives and praise him still, through good and ill, who ever lives.

My soul, bear thou thy part, triumph in God above, and with a well-tuned heart sing thou the songs of love; let all thy days till life shall end, whate'er he send, be filled with praise. *Richard Baxter (1615-91) & others*

Gospel Reading

Alleluia, alleluia. Speak, Lord, for your servant is listening. You have the words of eternal life. *All* **Alleluia**

The Lord be with you All And also with you

Hear the Gospel of our Lord Jesus Christ according to Mark *All* **Glory to you, O Lord.**

Mark 6.1-13

Jesus came to his home town, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, 'Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?' And they took offence at him. Then Jesus said to them, 'Prophets are not without honour, except in their home town, and among their own kin, and in their own house.' And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them.' So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

This is the Gospel of the Lord. *All* **Praise to you, O Christ.**

Sermon

The Nicene Creed

Let us declare our faith in God, Father, Son and Holy Spirit.

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son,

who with the Father and the Son is worshipped and glorified, who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of Intercession

In the power of the Spirit and in union with Christ, let us pray to the Father.

Gracious God, fountain of all wisdom, we pray for all Christian people; for our Bishops Martin, Ruth and Will,

for all Christian leaders,

and for those who teach and guard the faith ... May the word of Christ dwell richly in our hearts,

and knit us together in the bond of your love. Hear us.

All Hear us, good Lord.

We pray for the leaders of the nations, and for those in authority under them ... Give them the gift of your wisdom, and a right discernment in all things. Hear us.

All Hear us, good Lord.

We pray for our community; for those who live and work here, and for those who visit this place ... Speak your word of peace in our midst, and help us to serve one another as Christ has served us. Hear us.

All Hear us, good Lord.

We pray for those who do not believe, and yet who long to know you, the very Word of life ...

Open their ears to hear your voice, and open their hearts to the knowledge of your love in Christ.

Hear us.

All Hear us, good Lord.

We pray for those bowed down with grief, fear or sickness, especially ...

May your living Word bring comfort and healing to all those in need.

Hear us.

All Hear us, good Lord.

We give thanks for all those who have died in the faith of Christ ... and we rejoice with Saint John the Evangelist, Saint Peter, Mary the Mother of God, and all your saints, trusting in the promise of your word fulfilled.

Lord of life, *All* hear our prayer, and make us one in heart and mind to serve you with joy for ever. Amen Blessed are you, Lord God of all creation: through your goodness we have this wine to set before you,

fruit of the vine and work of human hands. It will become for us the cup of salvation. *All* **Blessed be God for ever.**

The priest takes the bread and wine.

The Eucharistic Prayer

All His Spirit is with us.

All We lift them to the Lord.

The Lord is here

Lift up your hearts.

The Peace is introduced

We are the body of Christ. In the one Spirit we were all baptized into one body. Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you. *All* and also with you.

Let us offer one another a sign of peace.

We may exchange a sign of peace

Preparation of the Table

The table is prepared and bread and wine are placed upon it.

Music: Impromptu - John E. West

Blessed are you, Lord God of all creation: through your goodness we have this bread to set before you, which earth has given and human hands

have made. It will become for us the bread of life.

All Blessed be God for ever.

Let us give thanks to the Lord our God. *All* It is right to give thanks and praise.

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word,

through whom you have created all things;

who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;

as your Son, born of the blessed Virgin, he lived on earth

and went about among us;

he opened wide his arms for us on the cross;

he put an end to death by dying for us; and revealed the resurrection by rising to new life;

so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name,

for ever praising you and saying:

All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Lord, you are holy indeed,

the source of all holiness;

grant that by the power of your Holy Spirit,

and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,

took bread and gave you thanks; he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;

do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

All Christ has died: Christ is risen: Christ will come again.

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,

we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of Saint John the Evangelist, Saint Peter, Mary the Mother of God, and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. *All* **Amen.**

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever.

Amen.

Breaking of the Bread

We break this bread to share in the body of Christ.

All Though we are many, we are one body, because we all share in one bread.

Agnus Dei is said:

All Jesus, Lamb of God, Have mercy on us Jesus, bearer of our sins, Have mercy on us Jesus, redeemer of the world, Grant us peace

Giving of Communion

Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

All Lord, I am not worthy to receive you, but only say the word, and I shall be healed.

Communion is received

Music: Trumpet Voluntary - John Bennett

Prayer after Communion

The priest prays the Post Communion for the day:

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord. *All* **Amen.**

All Father of all,

we give you thanks and praise, that when we were still far off, you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life: we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free. and the whole earth live to praise your name; through Christ our Lord. Amen.

Notices

The Blessing and Dismissal

Priest The Lord be with you All And also with you

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. *All* **Amen.**

Go in peace to love and serve the Lord. *All* In the name of Christ. Amen.

We are encouraged to sit and listen to the Organ Voluntary before leaving, which today is Marche Militaire by Schubert



The gardening team is pleased to be able to contribute more flowers for decorating the church as the dahlias are now in flower. VG



Local Community Composting Scheme

Our Church Hall grounds will shortly be playing host to some Community Compost bins, being installed and blessed on 17th July. An event to launch the project will be held in the Hall, (lockdown lifting permitting) on 24th July, 3 - 5 p.m. The scheme, centred in Brighton, already has 40 such sites, where local people sign up to use the bins, and may then use the resulting compost for their own plant pots, window boxes etc. Further details will be made available in due course.

Safeguarding

Safeguarding is the responsibility of everyone, it is about protecting the health and well being and human rights of vulnerable children and adults.

We can all feel vulnerable at some time in our lives and with this in mind if there is anything you are concerned about in this regard please let me or a Churchwarden know.

The Diocese offers training and anyone can access basic safeguarding training on their website.

There are a number of us that completed C1 in the hall on 21-9-2018 and it now needs to be renewed by 20-9-2021. (There is no group training at this time). If you're unsure or have any questions please don't hesitate to contact me.

Jenny B

Do you have an item or info for the Pews News? Please send to pewsnewsstjohns@gmail.com by 9 p.m. on Thursdays

Next Sunday, 11th July, is Sea Sunday.

Seafarers have been suffering during the pandemic as few countries recognise them as key workers despite them keeping our shelves stocked throughout. They have been denied permission to go ashore, thousands are working months beyond their contract end date, and abandonment by unscrupulous ship owners is increasing. Mental health has been suffering as a result. Please pray for them and, if you can, send them a donation at www.missiontoseafarers.org/donate or put in the collection box at church marked for Mission to Seafarers. Many thanks, Fiona M.



SEAFARERS NEED YOU MORE THAN EVER

Hosting newcomers from Hong Kong

You may have heard that many people are coming from Hong Kong to live in the UK. Some will arrive with no place to stay so Host HK is helping them to find a safe place to stay temporarily on their arrival. Host volunteers offer a guest a spare room to stay in their home, provide food and other necessities. A guest may stay for up to two months. More hosts are needed. If this is something you would like to do you can find more information from hosting@upbeatcommunities.org or speak to Clare C.

An application for volunteers involves completing an online application form, DBS check, references and volunteer training. Your help would be greatly appreciated. Clare C



Monday 12th July is Christian CND's 60th anniversary and they are celebrating with a major Zoom event including speeches, workshops, prayer, discussion, fellowship and song. Should be a great evening. Register at:

www.christiancnd.org.uk/12july Fiona M.

Sponsored Walk

On Sunday, 4 July, I will be walking from Exceat (Seven Sisters Country Park) to East Dean and back to raise funds for the East Sussex branch of Freedom from Torture - part of Hastings Community of Sanctuary. They provide clinical services to survivors of torture who arrive in the UK, and strive to protect and promote their rights. If you'd like to sponsor me, please put any contribution in an envelope marked "Freedom from Torture Fundraising Walk" and place in the donation box at church. Or find me next Sunday. Thanks, Fiona M.

Crowhurst Christian Healing Centre has FREE bookable quiet rooms available Monday to Friday (8.30 a.m. - 3.30 p.m.) for anyone who would benefit from some quiet space there. If they wish, anyone visiting can attend an optional service at 10 a.m, receive prayer, and order food and drink from Howard's Well café. To book a room call 01424 830204.



This unusual sight of an airship over St John's was snapped by Fr David last Thursday.

