



St John's, Pevensey Road



Pews News & Service Sheet for Sunday 8th August 2021

The Tenth Sunday after Trinity



Welcome to this Parish Mass - held each Sunday at 10:30 a.m. with a socially-distanced congregation, and broadcast via our church website later in the day.

This week:

Morning Prayer Monday, Tuesday, Thursday, Friday, at 9 a.m.

Church open for private prayer, weekday mornings

Midweek Mass Wednesday at 10 a.m.

Online "Zoom" service: 10 a.m. on Wednesday. Send Rev Jill or Deacon Michael an email and they will send you the necessary "link".

Our prayers are asked for:

Jean & Geoff, Geraldine, Brenda R, Jane G, Jo, Amber, Shirley, Andrew N, Alison N, Don F, Sue T, Eve G, Sally L, Rob, Jenny H, Jon W, Luke, Roy, Andy, and Dawn.

Please pray also for...

...the repose of the souls of the recently departed, especially Rachel Naylor,

and those whose Years Minds fall around this time: Pauline Peacock, Jill, Vic Barnes, Joan McNulty, Elizabeth Kingsnorth, Sheila Johnstone, Eric Francome Farrer, Paul Cabban, and Billy Allen,

... and all who mourn.

HYMN OF THE WEEK: Breathe on me, Breath of God, sung by Alison

Edwin Hatch, the writer of this hymn, was a learned academic - a distinguished lecturer in Ecclesiastical History at Oxford, and a Professor of Classics at Trinity College, Quebec. He was presumably used to stringing together sentences full of big words! Yet when it came to expressing his faith, Hatch was described as "simple and unaffected". This hymn is filled with one-syllable words and comprises a simple, heartfelt prayer, but with a profound meaning. In creation, the first human "became a living being" through God the creator's life-giving breath. This hymn is a prayer that the Holy Spirit – the life-giving Breath of God – may cleanse and sanctify our inner life, and set it aglow with divine love.

Scripture references: Genesis 2:7, John 20:22,

Romans 8:11-12,14

"Enter this door
As if the floor
Within were gold,
And every wall
Of jewels all
Of wealth untold;
As if a choir
In robes of fire
Were singing here.
Nor shout, nor rush,
But hush....
For God is here."

Engraved on the doors of some
old Churches of the Church
of England.

Mass for the Tenth Sunday after Trinity

The Greeting

In the name of the Father, and of the Son, and of the Holy Spirit. **All Amen.**

The Lord be with you *All* and also with you.

Prayer of Confession

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

All Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

The priest says the **Absolution**

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

All Amen.

The Gloria in Excelsis is said:

All Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father.

Amen

The Collect

Let us pray:

Lord of heaven and earth, as Jesus taught his disciples to be persistent in prayer, give us patience and courage never to lose hope, but always to bring our prayers before you; through Jesus Christ our Lord.

All Amen.

A reading from the First Book of Kings

1 Kings 19.4-8

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O LORD, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

For the Word of the Lord

All Thanks be to God

A reading from the Letter of St Paul to the Ephesians

Ephesians 4.25 - 5.2

Putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you.

Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

For the Word of the Lord

All Thanks be to God

Gradual Hymn

Breathe on me, Breath of God, Fill me with life anew, That I may love what Thou dost love, And do what Thou wouldst do. Breathe on me, Breath of God, Until my heart is pure: Until with Thee I have one will, To do and to endure.

Breathe on me, Breath of God, Till I am wholly Thine, Until this earthly part of me Glows with Thy fire divine.

Breathe on me, Breath of God, So shall I never die, But live with Thee the perfect life Of Thine Eternity.

Edwin Hatch (1835-89)

Gospel Reading

Alleluia, alleluia. We do not live by bread alone, but by every word that comes from the mouth of God.

A// Alleluia

The Lord be with you All And also with you

Hear the Gospel of our Lord Jesus Christ according to John *All* **Glory to you, O Lord.**

John 6.35,41-51

Jesus said to the crowd, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to

me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Evervone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever: and the bread that I will give for the life of the world is my flesh.'

This is the Gospel of the Lord.

All Praise to you, O Christ.

Sermon

The Nicene Creed

Let us declare our faith in God, Father, Son and Holy Spirit.

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary, and was made man.

For our sake he was crucified under **Pontius Pilate:**

he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

who with the Father and the Son is worshipped and glorified, who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, Lord, in your mercy and the life of the world to come. Amen.

Prayers of Intercession

In the power of the Spirit and in union with Christ, let us pray to the Father.

O Lord our God, Bless your Church, and cleanse her of all division and dissension. Give to those you have called to your service, grace to be ministers of the bread of life

Lord, in your mercy All Hear our prayer.

Look with compassion on the world, where anger so often prevails over love. May all know the peace that is in Christ, through his death for the life of the world.

Lord, in your mercy All Hear our prayer.

In all our words, to family and friends, to neighbours and colleagues, help us to speak gently and with understanding. Bring reconciliation wherever fellowship has been broken.

Lord, in your mercy All Hear our prayer.

Comfort all who are feeling powerless, any deprived of work, or a home, or their well-being.

Comfort all who are ill, and all who care for them. We pray especially for...

All Hear our prayer.

According to your promise, grant eternal life to those who have died in the faith of Christ...

As they were strengthened by the bread of life in this world, grant them everlasting refreshment in your heavenly Kingdom.

Lord, in your mercy All Hear our prayer.

Rejoicing in the fellowship of all your saints, we commend ourselves. and the whole creation to your unfailing love.

Merciful Father,

All accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

The Peace is introduced

We are the body of Christ. In the one Spirit we were all baptized into one body.

Let us then pursue all that makes for peace

and builds up our common life.

The peace of the Lord be always with you.

All and also with you.

Let us offer one another a sign of peace.

We may exchange a sign of peace

Preparation of the Table

The table is prepared and bread and wine are placed upon it.

Music: Meditation from 'Thaïs' - Massenet

Blessed are you, Lord God of all creation:

through your goodness we have this bread to set before you,

which earth has given and human hands have made.

It will become for us the bread of life.

All Blessed be God for ever.

Blessed are you, Lord God of all creation:

through your goodness we have this wine to set before you, fruit of the vine and work of human

fruit of the vine and work of humar hands.

It will become for us the cup of salvation.

All Blessed be God for ever.

The priest takes the bread and wine.

The Eucharistic Prayer

The Lord is here

All His Spirit is with us.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word,

through whom you have created all things; who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;

as your Son, born of the blessed Virgin, he lived on earth and went about among us;

he opened wide his arms for us on the cross:

he put an end to death by dying for us; and revealed the resurrection by rising to new life;

so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest. Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant,

which is shed for you and for many

for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

do this in remembrance of me.

Great is the mystery of faith:

All Christ has died:

Christ is risen:

Christ will come again.

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup

and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of Saint John the Evangelist, Saint Peter, Mary the Mother of God, and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever.

All Amen.

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

Breaking of the Bread

We break this bread to share in the body of Christ.

All Though we are many, we are one body, because we all share in one bread.

Agnus Dei is said:

All Jesus, Lamb of God,
Have mercy on us
Jesus, bearer of our sins,
Have mercy on us
Jesus, redeemer of the world,
Grant us peace

Giving of Communion

Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

All Lord, I am not worthy to receive you, but only say the word, and I shall be healed.

Communion is received

Music: One Fine Day (from Madam Butterfly) - Puccini

Prayer after Communion

The priest prays the Post Communion for the day:

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you: look upon us with your favour that we who follow the path of your will may never wander from the way of life; through Jesus Christ our Lord All Amen.

All Father of all, we give you thanks and praise, that when we were still far off, you met us in your Son and brought us home.

Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free. and the whole earth live to praise your name; through Christ our Lord. Amen.

Notices

The Blessing and Dismissal

Priest The Lord be with you All And also with you

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

A// Amen.

Go in peace to love and serve the Lord.

All In the name of Christ. Amen.

Concluding Voluntary:
The Mastersingers Overture arr. R.E.
- Wagner



On 9th **August:** The Church commemorates **Mary Sumner** – founder of the Mothers' Union

The Mothers' Union is now more than 140 years old, and numbers more than four million members, doing good work in 83 countries. That is a far cry from the modest circle of prayer for mothers who cared about family life, which is how it all began with a rector's wife, Mary Sumner.

Mary was born in 1828 in Swinton, near Manchester. Mary's father, Thomas Heywood, was a banker and historian. Her mother

has been described as a woman of "faith, charm and sympathy", and she held informal 'mothers' meetings' at her home, to encourage local women. Those meetings may well have inspired Mary's later work.

Mary was educated at home, spoke three foreign languages, and sang well. In July 1848 she married George Sumner, son of the Bishop of Winchester, nephew of the Archbishop of Canterbury, and second cousin to William Wilberforce. Mary dedicated herself to raising their three children and supporting her husband's priestly ministry in Old Alresford, by providing music and Bible classes.

When in 1876 Mary's eldest daughter, Margaret, gave birth, Mary was reminded of how challenging she had found the role of motherhood. Soon she decided to hold a meeting to which she invited the local women not only of her own class, but also all the village mothers. Her aim was to bring women together to offer each other prayer and mutual support in their roles as wives and mothers. That meeting at Old Alresford Rectory was the inaugural meeting of the Mothers' Union.

In 1885 the Bishop of Newcastle invited Mary to address a Church Conference, and her passionate speech inspired a number of the women present to go back to their parishes to found mothers' meetings on Sumner's pattern. Soon, the Mothers' Union spread to other dioceses. By 1900 there were 169,000 members. By the time Mary died in 1921, she had seen the MU cross the seas and become an international organisation of prayer and good purpose.



The Bishop of London, Sarah Mullally, who chairs the C of E's Covid Recovery Group, has encouraged churches and individuals to continue to take precautions to protect the vulnerable from Covid-19.

She recently said: "Many will welcome the possibilities now before us. However, this is a difficult point in the course of the pandemic. Despite vaccination rates, cases are up, hospital admissions are up and Long Covid remains an ongoing concern. Therefore, our approach needs to be cautious and careful.

"Taking personal responsibility means taking precautions to protect those more vulnerable than we consider ourselves to be. Local church leaders know their communities and their own circumstances, and we will support them making local decisions to keep themselves and their community safe."

Please pray for our own Rector and PCC as they seek to discern the way forward for our worship and activities here at St John's.

Japanese version of Psalm 23



The Lord is my pace setter I shall not rush. He makes me stop for quiet intervals. He provides me with images of stillness which restore my serenity. He leads me in ways of efficiency through calmness of mind. And his guidance is peace. Even though I have a great many things to accomplish each day, I will not fret, for his presence is here, his timelessness, his all importance will keep me in balance.

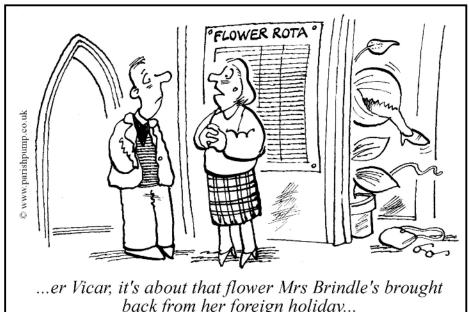
He prepares refreshment and renewal in the midst of my activity, by anointing my mind with his oil of tranquility: My cup of joyous energy overflows. Surely harmony and effectiveness shall be the fruit of my hours, And I shall walk in the pace of the Lord and dwell in his house forever



A holiday snap of Dunstanburgh Castle. on the Saint Oswald's Way, Northumberland

With holidays in mind...





back from her foreign holiday...



An inscribed stone in Norfolk, photographed by Churchwarden Mike.

The Small Print for this pewsheet:

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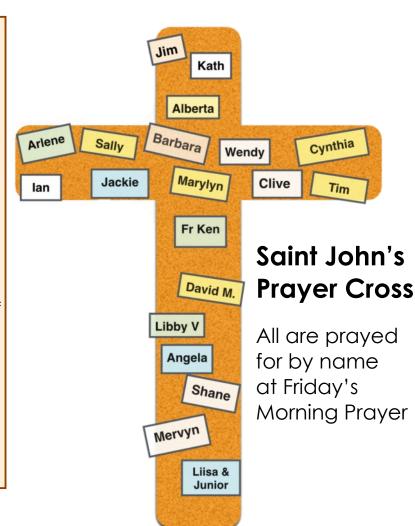
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