

St John's, Pevensey Road



Pews News & Service Sheet
for Sunday 26th February 2023

First Sunday of Lent



Welcome to today's Mass at St John's

This week:

Morning Prayer, 9 a.m. Monday, Tuesday, Thursday, Friday, in St Peter's Chapel.

Church open weekdays, where possible.

Midweek Mass: Wednesday at 10 a.m.

Online "Zoom" service: Wednesday at 10 a.m. Please contact the church administrator on admstjohns30@gmail.com, to put you in touch for a link to join in.

Morning Coffee and Warm Space: Friday 10 - 12 noon in the Church Hall



Our prayers are asked for:

Andrew N, Holly H, Andy, Sue T, Don F, Helena, Ramona, Jackie N, Marie N, John T, Nigel & Carrie, Geraldine, Della, and Pat.

Please pray also for...

the repose of the souls of the recently departed, especially Jo Bacon, Alex McMillan, and The Reverend Terry McNulty,

and those whose Years Minds fall around this time: Charlie Menzinger, Laura Green, Eric Kingsnorth (Priest), Martyn, and August Bannerman

... and all who mourn.

Prayer

Prayer is central to the life of a person of faith but it is often something that can seem a challenge. Essentially in prayer we open ourselves to God and pray for God's presence in and around us. At the back of the church we have reprinted Bishop Laurie's very useful little pamphlet of prayer guidance. Please take one. A small group of us gather at nine am on Mondays, Tuesdays, Thursdays and Fridays to share Morning Prayer. This is a liturgical service full of scripture which also gives us space to be in the presence of God. We meet in St Peter's Chapel using the entrance on Pevensy Rd. Those of us who meet regularly use the Church of England's Daily Prayer App, which is available through your smart phone or other device's App Store. It is simple to use and gives you the full service for each day. If meeting at 9 in Church is not for you, perhaps you might consider using the Daily Prayer App at home. If you have any questions please ask Fr David.

Daily
Prayer

Fr D

We are starting a monthly **evening service** at St Johns. It will be a word service (not a Mass) and will include a series of sermons under the broad title of "Where is God when it hurts?". We will be looking at how our faith can make sense to us in the face of suffering and hardship. The service will include the opportunity to receive prayer for healing for yourself or others. Bishop Laurie will speak at the first service on Sunday March 19th at 4 p.m.

MC

Introit: Hear us, O Lord, have mercy upon us (Plainchant)

Opening Hymn

Forty days and forty nights
thou wast fasting in the wild;
forty days and forty nights
tempted, and yet undefiled:

Sunbeams scorching all the day;
chilly dew-drops nightly shed;
prowling beasts about thy way;
stones thy pillow, earth thy bed.

Let us thine endurance share,
and awhile from joys abstain,
with thee watching unto prayer,
strong with thee to suffer pain.

And if Satan, vexing sore,
flesh or spirit should assail,
thou, his vanquisher before,
grant we may not faint nor fail.

So shall we have peace divine;
holier gladness ours shall be;
round us too shall angels shine,
such as ministered to thee.

Keep, O keep us, Saviour dear,
ever constant by thy side;
that with thee we may appear
at the eternal Eastertide.

*G.H. Smyttan (1822-70) and
Francis Pott (1832-1909)*

Welcoming of the people

Priest In the name of the Father,
and of the Son,
and of the Holy Spirit.

All Amen.

Priest The Lord be with you
All and also with you.

Prayer of Preparation

All Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.

Prayers of Penitence

Dcn Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil.

Let us confess our sins
remembering before God the times when we
have fallen from temptation into sin.

All Lord God,
we have sinned against you;
we have done evil in your sight.
We are sorry and repent.
Have mercy on us according to your love.
Wash away our wrongdoing and cleanse us
from our sin.
Renew a right spirit within us
and restore us to the joy of your salvation,
through Jesus Christ our Lord.
Amen.

Then the Kyrie Eleison is sung:

All Lord have mercy, Lord have mercy,
Lord have mercy upon us.
Christ have mercy, Christ have mercy,
Christ have mercy upon us.
Lord have mercy, Lord have mercy,
Lord have mercy upon us.

Absolution

Priest Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all good-
ness,
and keep you in life eternal;
through Jesus Christ our Lord.

All Amen.

The Collect

Let us pray for grace to keep Lent faithfully

Heavenly Father,
your Son battled with the powers of
darkness,
and grew closer to you in the desert:
help us to use these days to grow in
wisdom and prayer
that we may witness to your saving love
in Jesus Christ our Lord.

All Amen.

A reading from the book of Genesis

Genesis 2:15-17; 3:1-7

The LORD God took the man and put him
in the garden of Eden to till it and keep it.
And the LORD God commanded the man,
'You may freely eat of every tree of the
garden; but of the tree of the knowledge
of good and evil you shall not eat, for in
the day that you eat of it you shall die.'

Now the serpent was more crafty than
any other wild animal that the LORD God
had made. He said to the woman, 'Did
God say, "You shall not eat from any tree
in the garden"?' The woman said to the
serpent, 'We may eat of the fruit of the
trees in the garden; but God said, "You
shall not eat of the fruit of the tree that is
in the middle of the garden, nor shall you
touch it, or you shall die."' But the serpent
said to the woman, 'You will not die; for

God knows that when you eat of it your
eyes will be opened, and you will be
like God, knowing good and evil.' So
when the woman saw that the tree was
good for food, and that it was a delight
to the eyes, and that the tree was to be
desired to make one wise, she took of
its fruit and ate; and she also gave
some to her husband, who was with
her, and he ate. Then the eyes of both
were opened, and they knew that they
were naked; and they sewed fig leaves
together and made loincloths for
themselves.

For the Word of the Lord

All Thanks be to God

A reading from the Letter of Paul to the Romans

Romans 5:12-19

Therefore, just as sin came into the
world through one man, and death
came through sin, and so death spread
to all because all have sinned— sin
was indeed in the world before the law,
but sin is not reckoned when there is
no law. Yet death exercised dominion
from Adam to Moses, even over those
whose sins were not like the transgres-
sion of Adam, who is a type of the one
who was to come.

But the free gift is not like the trespass.
For if the many died through the one
man's trespass, much more surely
have the grace of God and the free gift
in the grace of the one man, Jesus
Christ, abounded for the many. And the
free gift is not like the effect of the one
man's sin. For the judgement following
one trespass brought condemnation,
but the free gift following many
trespasses brings justification. If,
because of the one man's trespass,

death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

For the Word of the Lord

All Thanks be to God

Gradual Hymn

Be thou my guardian and my guide,
and hear me when I call;
let not my slippery footsteps slide,
and hold me lest I fall.

The world, the flesh, and Satan dwell
around the path I tread;
O save me from the snares of hell,
thou quickener of the dead.

And if I tempted am to sin,
and outward things are strong,
do thou, O Lord, keep watch within,
and save my soul from wrong.

Still let me ever watch and pray,
and feel that I am frail,
that if the tempter cross my way,
yet he may not prevail.

Isaac Williams (1802-65)

Gospel Reading

Dcn Praise to you, O Christ,
King of eternal glory.
The Lord is a great God,

O that today you would listen to his voice.
Harden not your hearts.

**All Praise to you, O Christ,
King of eternal glory.**

Dcn The Lord be with you
All And also with you

Dcn Hear the Gospel of our Lord Jesus
Christ according to Matthew
All Glory to you, O Lord.

Matthew 4:1-11

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written,

"One does not live by bread alone, but by every word that comes from the mouth of God."

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written,

"He will command his angels concerning you",
and "On their hands they will bear you up, so that you will not dash your foot against a stone."

Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written,

"Worship the Lord your God,
and serve only him."

Then the devil left him, and suddenly angels came and waited on him.

This is the Gospel of the Lord.

All Praise to you, O Christ.

Sermon

The Creed

Let us declare our faith in God,
Father, Son and Holy Spirit.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary
and was made man.
For our sake he was crucified
under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of
the Father.
He will come again in glory to judge
the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and
the Son,**

**who with the Father and the Son
is worshipped and glorified,
who has spoken through the
prophets.**

**We believe in one holy catholic and
apostolic Church.**

**We acknowledge one baptism for
the forgiveness of sins.**

**We look for the resurrection of the
dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

With confidence and trust let us pray to
the Father.

For the one holy catholic and apostolic
Church ...

let us pray to the Father.

Lord of compassion,

All in your mercy hear us.

For the mission of the Church,
that in faithful witness it may preach the
gospel

to the ends of the earth,

let us pray to the Father.

Lord of compassion,

All in your mercy hear us

For those preparing for baptism and
confirmation...

and for their teachers and sponsors,
let us pray to the Father.

Lord of compassion,

All in your mercy hear us.

For peace in the world ...

that a spirit of respect and reconciliation
may grow among nations and peoples,
let us pray to the Father.

Lord of compassion,

All in your mercy hear us.

For the poor, the persecuted, the sick,
and all who suffer...
for refugees, prisoners, and all in danger;
that they may be relieved and protected,
let us pray to the Father.
Lord of compassion,
All in your mercy hear us.

For those whom we have injured or
offended,
let us pray to the Father.
Lord of compassion,
All in your mercy hear us.

For grace to amend our lives and to
further the reign of God,
let us pray to the Father.
Lord of compassion,
All in your mercy hear us.

In communion with all those who have
walked in the way of holiness ...
let us pray to the Father.
Lord of compassion,
All in your mercy hear us.

God our Father,
in your love and goodness
you have taught us to come close to you
in penitence
with prayer, fasting and generosity;
accept our Lenten discipline,
and when we fall by our weakness,
raise us up by your unfailing mercy;
through Jesus Christ our Lord.
All Amen.

The Peace is introduced

Since we are justified by faith,
we have peace with God through our Lord
Jesus Christ,
who has given us access to his grace.

The peace of the Lord be always with you
All and also with you.

Let us offer one another a sign of peace.

**We may exchange a sign of Peace with
those around us**

Hymn

**During which the table is prepared and
bread and wine are placed upon it.**

Dear Lord and Father of mankind,
forgive our foolish ways!
Reclothe us in our rightful mind,
in purer lives thy service find,
in deeper reverence praise.

In simple trust like theirs who heard,
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word
rise up and follow thee.

O Sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity,
interpreted by love!

Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace.

Breathe through the heats of our desires
thy coolness and thy balm;
let sense be dumb let flesh retire;
speak through the earthquake wind and
fire,
O still small voice of calm.

John Whittier (1807-92)

Preparation of the Table

God of mercy and compassion,
your Word calls us home to faith and love.
accept all we offer you this day;
in the name of Jesus Christ the Lord.
All Amen.

The president takes the bread and wine.

The Eucharistic Prayer

The Lord is here

All His Spirit is with us.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of
repentance
that through a pilgrimage of prayer and
discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of
service
you bring us back to your generous
heart.

Through study of your holy word
you open our eyes to your presence in
the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter
feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:

**All Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your
glory.
Hosanna in the highest.
Blessed is he who comes in the
name of the Lord.
Hosanna in the highest
Hosanna in the highest.**

Lord, you are holy indeed, the source of
all holiness;
grant that by the power of your Holy
Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our
Lord Jesus Christ;

who, in the same night that he was
betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples,
saying:
Take, eat; this is my body which is given
for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the
forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Great is the mystery of faith:

**All Christ has died:
Christ is risen:
Christ will come again.**

And so, Father, calling to mind his death
on the cross,
his perfect sacrifice made once for the
sins of the whole world;
rejoicing in his mighty resurrection and
glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our
redemption.

As we offer you this our sacrifice of praise
and thanksgiving,
we bring before you this bread and this
cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one
cup,

so that we, in the company of Saint
John the Evangelist, Saint Peter, Mary
the Mother of God, and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in
whom,
in the unity of the Holy Spirit,
all honour and glory be yours,
almighty Father,
for ever and ever.

All Amen.

The Lord's Prayer

Trusting in the compassion of God,
let us pray with confidence as our
Saviour has taught us:

All Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass
against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

Breaking of the Bread

*The priest breaks the consecrated
bread.*

We break this bread
to share in the body of Christ.

**All Though we are many,
we are one body,
because we all share in one bread.**

We sit as Agnus Dei is sung:

**O Lamb of God, our Lord most holy,
who redeems us from our sin.
Have mercy on us, meek and lowly,
make us clean and pure within.
Grant us peace we humbly pray,
as we who worship you today
receive your body and your blood,
renewed in faith by heav'nly food.**

Giving of Communion

The priest says the invitation to communion.

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his
supper.

**All Lord, I am not worthy to receive you,
but only say the word, and I shall be
healed.**

Holy Communion is then distributed

The Body of Christ. **Amen.**

The Blood of Christ. **Amen.**

*Anthem: O pray for the peace of Jerusalem
(Herbert Howells)*

Communion Hymn

Lord Jesus, think on me,
and purge away my sin;
from earthborn passions set me free,
and make me pure within.

Lord Jesus, think on me,
with care and woe opprest;
let me thy loving servant be,
and taste thy promised rest.

Lord Jesus, think on me,
amid the battle's strife;
in all my pain and misery
be thou my health and life.

Lord Jesus, think on me,
nor let me go astray;
through darkness and perplexity
point thou the heavenly way.

Lord Jesus, think on me,
when flows the tempest high:
when on doth rush the enemy,
O Saviour, be thou nigh.

Lord Jesus, think on me,
that, when the flood is past,
I may the eternal brightness see,
and share thy joy at last.

*Greek, Synesius of Cyrene (375-430)
tr. A.W.Chatfield (1808-96)*

Prayer after Communion

*The priest prays the Post Communion
for the day:*

Lord God,
you have renewed us
with the living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him who is
the true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.

All Amen.

**All Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son**

**and brought us home.
Dying and living,
he declared your love,
gave us grace,
and opened the gate of glory.
May we who share Christ's body
live his risen life;
we who drink his cup
bring life to others;
we whom the Spirit lights
give light to the world.
Keep us firm in the hope you have set
before us,
so we and all your children shall be free,
and the whole earth live to praise your
name;
through Christ our Lord.
Amen.**

Notices

The Blessing

Priest The Lord be with you
All And also with you

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross,
and follow him;
and the blessing of God almighty,
the Father, the Son,
and the Holy Spirit,
be among you and remain with you
always.

All Amen.

Final hymn

Lead us, heavenly Father, lead us
o'er the world's tempestuous sea;
guard us, guide us, keep us, feed us,
for we have no help but thee;
yet possessing every blessing,
if our God our Father be.

Saviour, breathe forgiveness o'er us:
all our weakness thou dost know;
thou didst tread this earth before us,
thou didst feel its keenest woe;
self denying, death defying,
thou to Calvary didst go.

Spirit of our God, descending,
fill our hearts with heavenly joy,
love with every passion blending,
pleasure that can never cloy:
thus provided, pardoned, guided,
nothing can our peace destroy.

James Edmeston (1791-1867)

The Dismissal

Priest The Lord be with you

All And also with you

All May the Grace of our Lord
Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit,
be with us all, evermore. Amen.

Priest May the souls of the faithful
departed, through the mercy of God,
rest in peace...

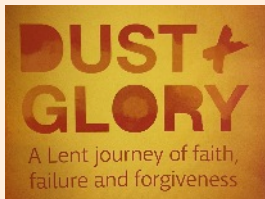
All and rise in glory. Amen.

Deacon Go in peace to love and serve the
Lord

All In the name of Christ. Amen.

**Concluding voluntary: Prelude and fugue
in A minor BWV 569 (J.S. Bach)**

Coffee is available after the 10:30 Mass



Parish Lent course
2023. Commences
Wednesday March 1st,
7-9 p.m. in St Peter's
Chapel. It will run for

five Wednesdays.

We are using the C of E course "Dust
and Glory". Booklets are available for
£ 2.00 from Dcn Michael.

The course will be led by Fr David and
Dcn Michael. All are welcome. Please
sign the list at back of Church. *MT*

WORLD DAY OF PRAYER 2023
FRIDAY 3 MARCH 
A SERVICE FOR EVERYONE!
I have heard
about your faith

NOTE CHANGE OF VENUE!
10.30am at
**SALVATION ARMY CITADEL
ST ANDREWS SQUARE
HASTINGS, TN34 1SP.**
EVERYBODY WELCOME.
PREPARED BY THE WOMEN
OF TAIWAN

 **St John's Church Hall,
Brittany Road**

Beetle Drive

Saturday 18th March
3.00pm

Come and have an Afternoon of Fun
with Friends, Games, Tea and Cakes!

Tickets £3 from Katy Harper

HASTINGS OLD TOWN PARISH OF ST CLEMENT & ALL SAINTS

Lent Taizé Service SUNDAY 5th MARCH

at 6 p.m.

in St Clement's Church

(Swan Terrace off High Street, Old Town)



*All are welcome to this ecumenical service
for all denominations
- a time of reflection, prayers in song & words,
readings and quietness
around candlelights.*

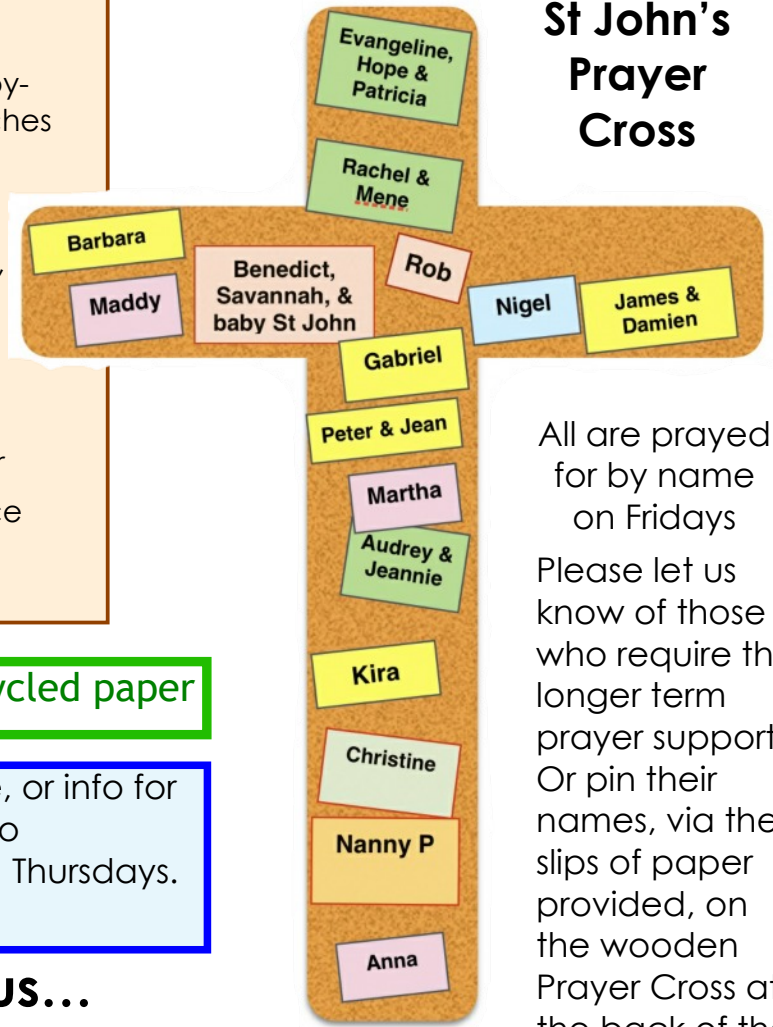
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The English Folk Song Mass - Malcolm Archer
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St John's Prayer Cross

All are prayed for by name on Fridays

Please let us know of those who require this longer term prayer support. Or pin their names, via the slips of paper provided, on the wooden Prayer Cross at the back of the Church.

Thank you.

This pewsheet is printed on 100% recycled paper

Do you have an item, prayer list update, or info for the Pews News? Please send to pewsnewsstjohns@gmail.com by 9 p.m. on Thursdays.

Thanks!

To contact us...

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St Leonards on Sea
TN38 0LF

Parish Office: (01424) 425942

Email: admstjohns30@gmail.com

Tina is our Administrator.

Usual office hours 09:00-13:00, Mon, Tues, Thurs.

Please contact her also for **Church Hall bookings**