

# St John's, Pevensey Road



## **Pews News & Service Sheet for Sunday 1<sup>st</sup> August 2021**

The Ninth Sunday after Trinity



**Welcome to this Parish Mass - held each Sunday at 10:30 a.m.** with a socially-distanced congregation, and broadcast via our church website later in the day.

**This week:**

**Morning Prayer** Monday, Tuesday, Thursday, Friday, at 9 a.m.

**Church open for private prayer**, weekday mornings, if monitors are available

**Midweek Mass** Wednesday at 10 a.m.

**Online "Zoom" service:** 10 a.m. on Wednesday. Send Rev Jill or Deacon Michael an email and they will send you the necessary "link".

**Our prayers are asked for:**

Jean & Geoff, Geraldine, Brenda R, Jane G, Jo, Amber, Shirley, Andrew N, Alison N, Don F, Sue T, Eve G, Sally L, Rob, Jenny H, Jon W, Luke, Roy, Andy, and Dawn.

**Please pray also for...**

...the repose of the souls of the recently departed, especially Rachel Naylor,

and those whose Years Minds fall around this time:

Robert Blankson, Anna Blankson, Minnie Quarty-Cofie, Pauline Peacock, Jill, and Vic Barnes.

**HYMN OF THE WEEK: Bread of Heaven,  
on thee we feed**

... was written by Josiah Conder (1789-1855), an author, poet, editor, publisher and anti-slavery campaigner. Reflecting his evangelical and liberal, nondenominational, outlook, his hymns were widely adopted by churches and chapels throughout the western world. He also compiled all thirty volumes of *The Modern Traveller*, a 19<sup>th</sup> century epic covering the geography of many countries of the world, despite never having travelled abroad himself! Today's hymn, reflecting on the theology of the Eucharist, is based on John 6:51-56.

**Crowhurst Christian Healing Centre** has FREE bookable quiet rooms available Monday to Friday (8.30 a.m. - 3.30 p.m.) for anyone who would benefit from some quiet space there. If they wish, anyone visiting can attend an optional service at 10 a.m, receive prayer, and order food and drink from Howard's Well café. To book a room call 01424 830204.



Church Together in  
Hastings & St Leonards



**LOAF First Sunday Walk.**

... has now restarted following the easing of lockdown restrictions. Walkers will meet TODAY at the Village Pump in Sedlescombe at 2:30 p.m, and walk the four miles to Whatlington and back. All welcome to join in!

Do you have an item, prayer list update, or info for the Pews News? Please send to [pewsnewsstjohns@gmail.com](mailto:pewsnewsstjohns@gmail.com) by 9 p.m. on Thursdays. Thanks!

# Mass for the Ninth Sunday after Trinity

## The Greeting

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**All Amen.**

The Lord be with you  
**All and also with you.**

## Prayer of Confession

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.

Let us confess our sins  
in penitence and faith,  
firmly resolved to keep God's  
commandments  
and to live in love and peace with all.

**All Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weak-  
ness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in  
newness of life  
to the glory of your name.  
Amen.**

## *The priest says the Absolution*

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all  
your sins,  
confirm and strengthen you in all  
goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**All Amen.**

## *The Gloria in Excelsis is said:*

**All Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ,  
only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand  
of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.**

**Amen**

## **The Collect**

Let us pray:

Gracious Father,  
revive your Church in our day,  
and make her holy, strong and faithful,  
for your glory's sake  
in Jesus Christ our Lord.

**All Amen.**

## **A reading from the Book of Exodus**

Exodus 16.2-4,9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

Then the LORD said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.'

Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the LORD, for he has heard your complaining."' And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the

camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the LORD has given you to eat.'

For the Word of the Lord

**All Thanks be to God**

## **A reading from the Letter of St Paul to the Ephesians**

*Ephesians 4.1-16*

I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

'When he ascended on high he made captivity itself a captive;

he gave gifts to his people.'

(When it says, 'He ascended,' what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to

the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

For the Word of the Lord  
**All Thanks be to God**

### Gradual Hymn

Bread of heaven, on thee we feed,  
For thy flesh is meat indeed.  
Ever may our souls be fed  
With this true and living bread,  
Day by day with strength supplied  
Through the life of him who died.

Vine of heaven, thy blood supplies  
This blest cup of sacrifice.  
'Tis thy wounds our healing give;  
To thy cross we look and live.  
Thou our life! O let us be  
Rooted, grafted, built on thee.  
*Josiah Conder (1789-1855)*

### Gospel Reading

Alleluia, alleluia.  
We do not live by bread alone,  
but by every word that comes from the  
mouth of God.

**All Alleluia**

The Lord be with you  
**All And also with you**

Hear the Gospel of our Lord Jesus  
Christ according to John  
**All Glory to you, O Lord.**

### *John 6.24-35*

When the crowd saw that neither Jesus nor his disciples were at the place where Jesus had given the bread, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat."' Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.' They said to him, 'Sir, give us this bread always.'

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

## Sermon

### The Nicene Creed

Let us declare our faith in God,  
Father, Son and Holy Spirit.

**All We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate from the Holy Spirit  
and the Virgin Mary,  
and was made man.  
For our sake he was crucified under  
Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of  
the Father.**

**He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the  
Son,**

**who with the Father and the Son is  
worshipped and glorified,  
who has spoken through the Prophets.**

**We believe in one holy catholic and  
apostolic Church.**

**We acknowledge one baptism for the  
forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

### Prayers of Intercession

In the power of the Spirit  
and in union with Christ,  
let us pray to the Father.

O Lord our God, you give us the true bread  
that comes down from heaven, even your  
Son Jesus Christ our Lord.

We give you thanks for Holy Communion,  
and pray that we may live in Christ as he is  
in us.

Bless your Church, and all who minister the  
sacraments and care for your people.

Lord, in your mercy

**All Hear our prayer.**

Blessed are you, Lord God, for you give  
gifts to your people.

We pray for social workers, carers, volun-  
teers and for all who seek to meet the  
needs of others within their community.

We pray especially today for those who live  
in deserts and barren places of the world;  
for places where crops are meagre or  
prone to fail.

Lord, in your mercy

**All Hear our prayer.**

Lord, giver of all good things, we give you  
thanks for all those who provide for us,  
especially at this time for key workers

involved in food production, and distribution.

We pray for our homes and loved ones, for those for whom we need to provide. We pray that we may be sensitive and caring in our community.

Lord, in your mercy  
**All Hear our prayer.**

God of all power and might, comfort all who are feeling powerless, or whose abilities are failing. We pray for those who are weak through hunger or neglect. For those who live below the poverty line. For all who are ill, and all who care for them. We pray especially for...

Lord, in your mercy  
**All Hear our prayer.**

You are the God who heals and restores. We give thanks for all who have entered into newness of life in your kingdom. We pray for loved ones who serve you now in glory...

Lord, in your mercy  
**All Hear our prayer.**

Rejoicing in the fellowship of all your saints, we commend ourselves, and the whole creation to your unfailing love.

Merciful Father,  
**All accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

### **The Peace is introduced**

We are the body of Christ. In the one Spirit we were all baptized into one body. Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you.  
**All and also with you.**

Let us offer one another a sign of peace.

**We may exchange a sign of peace**

### **Preparation of the Table**

**The table is prepared and bread and wine are placed upon it.**

**Music: Panis Angelicus - Cesar Franck**

Blessed are you, Lord God of all creation: through your goodness we have this bread to set before you, which earth has given and human hands have made. It will become for us the bread of life.  
**All Blessed be God for ever.**

Blessed are you, Lord God of all creation: through your goodness we have this wine to set before you, fruit of the vine and work of human hands. It will become for us the cup of salvation.  
**All Blessed be God for ever.**

**The priest takes the bread and wine.**

## **The Eucharistic Prayer**

The Lord is here

**All His Spirit is with us.**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all things; who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

**All Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of  
your glory.  
Hosanna in the highest.  
Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:  
**All Christ has died:  
Christ is risen:  
Christ will come again.**

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.



As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of Saint John the Evangelist, Saint Peter, Mary the Mother of God, and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever.

**All Amen.**

### **The Lord's Prayer**

Let us pray with confidence as our Saviour has taught us

**All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

### **Breaking of the Bread**

We break this bread to share in the body of Christ.

**All Though we are many, we are one body, because we all share in one bread.**

### **Agnus Dei is said:**

**All Jesus, Lamb of God, Have mercy on us  
Jesus, bearer of our sins, Have mercy on us  
Jesus, redeemer of the world, Grant us peace**

### **Giving of Communion**

Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

**All Lord, I am not worthy to receive you, but only say the word, and I shall be healed.**

### **Communion is received**

**Music: Prière à Notre-Dame from Suite Gothique - L. Boëllmann**

### **Prayer after Communion**

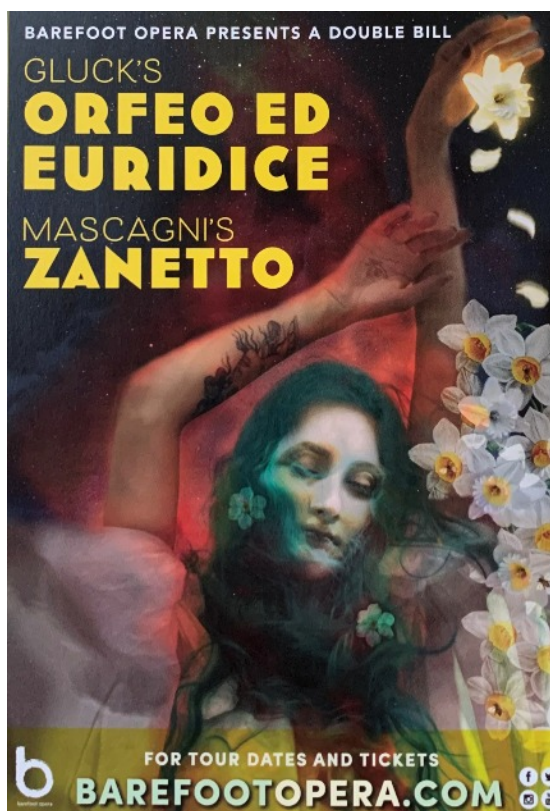
**The priest prays the Post Communion for the day:**

Holy Father, who gathered us here around the table of your Son to share this meal with the whole household of God:

in that new world where you reveal the fullness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord.

**All Amen.**

**All** Father of all,  
we give you thanks and praise,  
that when we were still far off,  
you met us in your Son  
and brought us home.  
Dying and living,  
he declared your love,  
gave us grace,  
and opened the gate of glory.  
May we who share Christ's body  
live his risen life;  
we who drink his cup  
bring life to others;  
we whom the Spirit lights  
give light to the world.  
Keep us firm in the hope  
you have set before us,  
so we and all your children  
shall be free,  
and the whole earth live to  
praise your name;  
through Christ our Lord. Amen.



## Notices

### The Blessing and Dismissal

**Priest** The Lord be with you

**All** And also with you

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you  
and remain with you always.

**All Amen.**

Go in peace to love and serve the Lord.

**All** In the name of Christ. Amen.

**Concluding Voluntary: Toccata from Suite Gothique - L. Boëllmann**

**Music lovers!** Outstanding professional singers are performing in **Barefoot Opera's** touring double bill:

**Orfeo by Gluck, Zanetto by Mascagni,**

...in a specially staged, covid-protocol sensitive production **here in St Johns,** on Friday August 13th at 7:30 p.m.

Tickets (£13) available via:  
[www.barefootopera.com](http://www.barefootopera.com)  
- look for Upcoming Events.

We start the tour with a Glyndebourne-style picnic performance in Battle the previous Sunday: August 8th, Battle Abbey Grounds at 6 p.m.

Tickets available on the Battle Festival website. (Bring your picnic!)

## Saint of the week: August 5th is the Festival of Oswald, King and Martyr.

King Oswald, born c.604, the seventh-century ruler of Northumbria, is hardly a household name. But he was an important figure who helped unite Britain and convert the English to Christianity. He was exiled, as a 12 year old prince, from his homeland Bernicia - a kingdom covering the territory which is now Northumberland, County Durham and south-east Scotland - and grew up on the west coast of Scotland, being converted to Christianity on the island of Iona. In the year 633, Oswald decided it was time to reclaim the kingdom which he was born to rule, and he marched south with an army the next year - an adventure which apparently inspired J.R.R. Tolkien to create the character of Aragorn in *Lord of the Rings*.

Before meeting the enemy in battle, the prince erected a cross at a site called Heavenfield, near Hexham in Northumberland, and prayed to Saint Columba for success in his quest, promising to found a monastery if his prayer was answered. Oswald was successful in battle and finally became King of Northumbria at the age of 30. He subsequently expanded his power, and was said by later Anglo-Saxons to have been the overlord of all England, as well as receiving tribute from the Scots and the Welsh. Fulfilling his vow to St Columba, King Oswald set up a new monastery, populated by Irish monks, on the Holy Island of Lindisfarne.

That community is of course famous for producing the Lindisfarne Gospels, one of the most magnificent manuscripts in history, but it has been argued that its significance, as

the first religious institution set up by an English King, is much greater. 'Oswald is the King who first makes Britain Christian', said one historian - 'he binds church and state together.'

Oswald ruled for eight years, before being killed in battle by the pagan King Penda, of neighbouring Mercia, at the battle of Maserfield - thought to have taken place near the town of Oswestry in Shropshire. The Venerable Bede tells us that Oswald 'ended his life in prayer', praying for the souls of his soldiers when he saw that he was about to die. And soil taken from the site where he fell was found to have miraculous properties.

*Keen on pilgrimages? One can walk the 'Saint Oswald's Way' from Heavenfield to Holy Island, as shown in red on this map*



*St Oswald, as depicted in stained glass in St Helen's Church, Ore*



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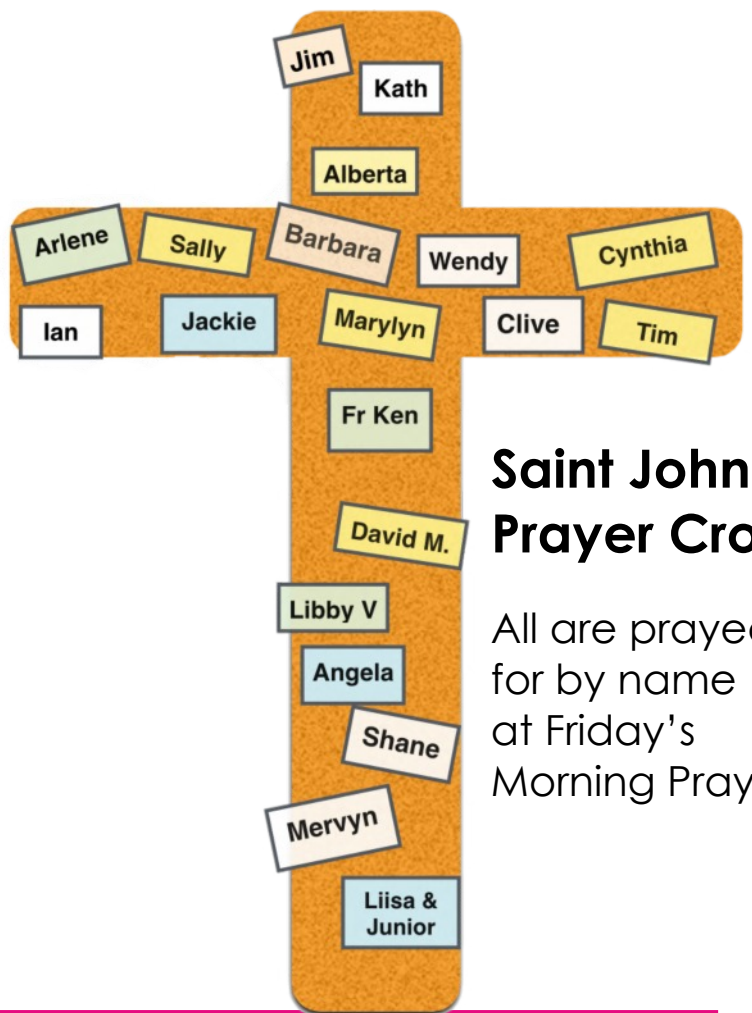
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*The King in the North: The Life and Times of Oswald of Northumbria*, by Max Adams, © Head of Zeus 2014



## Saint John's Prayer Cross

All are prayed for by name at Friday's Morning Prayer

**St John the Evangelist**  
**Pevensey Road**  
**St Leonards on Sea**  
**TN38 0LF**

## Contact us...

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Email: [admstjohns30@gmail.com](mailto:admstjohns30@gmail.com)

Tina is our Administrator.

Usual office hours 09:00-13:00, Mon, Tues, Thurs.

Please contact her also for **Church Hall bookings**

Website: [www.StJohnsPevenseyRoad.org.uk](http://www.StJohnsPevenseyRoad.org.uk)

